

# PUBLIC SPEAKING WORKSHOP & SEMINAR

August 22-24, 2020 (8:00 AM - 9:30 AM NST)

Organized by:



DAY 1

- 8:00 Call to the Order - Devendra Shah
- 8:05 **Opening Remarks:**  
Dr. Sharada Thapalia, Vice Chancellor, AFU  
Dr. Megha N. Parajulee, President, NAPA  
Mr. Bilas Upadhyay, President, UNCON
- 8:25 **Educational Session:**  
Keynote Speaker - Dr. Vishnu Maya Upadhyay, UNCON  
Controlling Your Fear - Batuk Bista, DTM  
Know your audience - Devendra Shah, IP2  
Preparation & Practice - Bilas Upadhyay, IP2  
How to organize your speech - Jeffrey Cornell, ACG
- 9:25 Closing Remarks - Batuk Bista

DAY 2

- 8:00 Call to the Order - Bilas Upadhyay
- 8:05 Demo Presentation - Dr. Rajan Ghimire
- 8:20 **Panel Discussion:** Communication & Presentation Skills  
Dr. Megha N. Parajulee - Panelist  
Dr. Naba Raj Devkota - Panelist  
Hitesh Bhalala, DTM - Panelist  
Dr. IP Kadariya - Moderator  
Batuk Bista - Moderator
- 9:00 **Q&A**
- 9:25 Closing Remarks - Bilas Upadhyay

DAY 3

- 8:00 Call to the Order - Devendra Shah
- 8:05 Keynote Speaker - Batuk Bista, DTM  
9 Secrets of Public Speaking.
- 8:15 Practice Speech by participants and feedback by experts- Max 5
- 8:45 **Closing Remarks**  
Dr. Megha N. Parajulee, President, NAPA  
Dr. IP Kadariya, Director, Center for Biotechnology, AFU
- 8:55 Thank You Note and Adjourn - Devendra Shah, Vice President, UNCON